



PYRROS & SERRES LLP  
ATTORNEYS AT LAW  
718-626-7730

## The Attorneys at Pyrros & Serres LLP Offer Work Safety Tips for Cold Weather

### How Can You Work Safely in Cold Winter Weather?

Outdoor work can be demanding during the winter months, but not all jobs can be completed inside. These tips can help you stay healthy and warm, even on the coldest work days.

Outdoor Work Safety:

#### ***Wear Appropriate Clothing***

If you know that you are going to be working outside, dress appropriately. Several layers of loose clothing will help provide better insulation.

#### ***Take Breaks Indoors***

Take your lunch break indoors. Limit the amount of time you will be spending outside.

#### ***Protect Your Feet***

Keep your feet protected with waterproof, insulated boots. Proper footwear will help keep your feet from getting wet and keep perspiration from escaping. Wear thick socks - and on particularly cold days add a second pair for extra warmth.

#### ***Keep Your Face Warm***

A lot of heat can escape from you extremities. Wearing a warm hat will help your whole body feel a lot warmer.

We hope everyone stays safe when working outdoors this winter!

In the unfortunate event you experience an on the job injury and you are in need of legal assistance, call 718-626-7730 to contact our office.

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Sincerely,  
The Attorneys and Staff at Pyrros & Serres, LLP